

Transportation Programs

Age Friendly Saco has two door-to-door on-demand transportation programs. Rides are available to Saco Residents aged 60+.

Medical appointment rides are provided by one of our volunteer drivers.

Request a medical appointment ride: 207-200-7668 at least 7 days in advance.

We also operate a Mobility Shuttle which provides rides for groceries, shopping and other daily living needs.

Request a Mobility Shuttle Ride: (207) 710-8527 at least 48 hours in advance.



How to reach us:

General Inquires:

AGE FRIENDLY SACO

Saco Community Center

75 Franklin Street

Saco, Maine 04072

207-710-5029

www.agefriendlysaco.com

agefriendlysaco@gmail.com

Handy Neighbors:

handy.agefriendlysaco@gmail.com

Technology Neighbors:

tech.agefriendlysaco@gmail.com

Transportation (Medical):

transportation.agefriendlysaco@gmail.com

(207) 200-7668

Transportation (Mobility Shuttle):

shuttle.agefriendlysaco@gmail.com

(207) 710-8527



*Together we can create a
more livable community*



Handy Neighbors

Changing a lightbulb, taking a screen out of a window, installing a grab bar or smoke detector can be daunting. Age Friendly Saco volunteers provide small repairs and home maintenance to residents aged 50+ at no charge—except for the cost of needed materials. Call today for more information!

Technology Neighbors

We can connect your devices, set up new systems, install Ring doorbells and much more. We provide guidance on how to use various technologies and support necessary to access reduced cost internet.



Always Finding New Ways

Here are a few ways Age Friendly Saco brings information and accessibility to you:

Community Luncheons—Delicious monthly luncheons designed for interaction and socialization.

Enjoy the Outdoors—Beach access mats at Bayview Beach along with a beach-friendly wheel chair. We also offer bike rides through our adaptive bike program called “The Chat.”

Sand Bucket Program—We deliver 5-gallon buckets of treated sand in preparation for winter.

Food Delivery—Delivering Commodity Food boxes and deliveries from the Saco Food Pantry to Saco residents.

Crock Pot Classes—Demonstrations on how to make recipes healthier and safely prepare and cook the food in a crock pot.



Ways to Give

Become a Volunteer!

Volunteer opportunities include:

- ◆ Medical Appointment Drivers
- ◆ Handy Neighbors
- ◆ Technology Neighbors
- ◆ Office Workers
- ◆ Event Workers
- ◆ Fundraising
- ◆ Food Delivery Drivers

Make a Gift!

Our programs are reliant on funding from private foundations, federal, state and municipal grants, corporate donors and individual donors. All donations are greatly appreciated and allow us to continue making Saco a Community for a Lifetime.

MAKE A DONATION



207-710-5029

www.agefriendlysaco.com
agefriendlysaco@gmail.com